

Abortion care in Canada Resource List July 2022

History of Abortion Care:

For more information on the history of abortion care in Canada and how we got to where we are today you can read any of the following

- NAF Canada
 - <http://www.nafcanada.org/legal-abortion-ca.html>
- Abortion Rights Coalition of Canada—BC, Canada and US pre 1960s to 2007
 - <http://www.arcc-cdac.ca/Abortion-Chronology.pdf>
- More information on the key excerpts from the Morgentaler decision can be found at:
 - <https://blogs.mcgill.ca/hist203momentsmatter/2018/04/06/1988-r-v-morgentaler-supreme-court-decision/>

Myths and Myth-busting:

- Action Canada for Sexual Health and Rights has an extensive list of more common Myths and the reality that can be found at:
 - <https://www.actioncanadashr.org/resources/sexual-health-info/hub/abortion-myths-and-facts>
- Mental health and abortion:
 - <https://www.psychologytoday.com/ca/blog/hive-mind/201805/abortion-and-mental-health-what-are-the-facts>

Crisis Pregnancy Centres:

- A look at Crisis Pregnancy Centres comes from This Week Tonight with John Oliver from April 2018: <https://www.youtube.com/watch?v=4NNpkv3Us1I> Please note there is language used that will not be suitable for many work and family environments.
- Another optional resource is a MotherJones article the outlines the history of Crisis Pregnancy Centres in the US
<https://www.motherjones.com/files/cpchistory2.pdf>

Abortion Access:

To better understand what it can be like to access abortion care, read stories at:

- New York Magazine published stories about different people's abortions and experiences at <http://nymag.com/news/features/abortion-stories-2013-11/>

- The hashtag shout your abortion received a lot of attention, including significant media coverage. You can read more about the movement at <https://shoutyourabortion.com>
- Perceived stress and emotional social support among women who are denied or receive abortions in the United States: a prospective cohort study
 - Download pdf at <https://www.meta.org/papers/perceived-stress-and-emotional-social-support/24946971>
- More stories about people's abortion experiences
- <http://www.advocatesforyouth.org/abortion-out-loud/abortion-out-loud-abortion-storytelling/>

Reading:

- Without Apology: Writings on Abortion care in Canada—edited by Shannon Stettner
 - Collection of essays by people who have had abortions, Canadian activists and providers
- The Changing Voice of the Anti-Abortion Movement: The Rise of “Pro-Woman” Rhetoric in Canada and the United States—Paul Saurette and Kelly Gordon
 - Has some Canada specific content, both researchers working out of Canada
- No Choice: Canadian Women tell their Stories of Illegal abortion—Childbirth by Choice Trust
 - Pre 1969 stories
- Canadian Women's Stories of Illegal Abortion
 - http://section15.ca/features/reviews/1999/07/07/no_choice/
- One Kind Word: Women Share Their Abortion Stories—Kathryn Palmateer and Martha Solomon
 - Stories and portraits of Canadian women
- Morgentaler, A Difficult Hero: A biography—Catherine Dunphy
 - The face of decriminalizing abortion in 1988, the Supreme Court decision called the Morgentaler decision

Movies:

- If these Walls Could Talk (1996) The movie examines the abortion issue through three stories set in different eras: 1952, 1974 and 1996.
- Never Rarely Sometimes Always (2020) The movie tells the story of a young woman in a small community and her journey to access abortion care.
- Grandma (2015) A teenager facing an unplanned pregnancy seeks help from her acerbic grandmother, a woman who is long estranged from her daughter.